

## We Are Connected: Peer Support Workshop



The TransFormed Project is excited to launch a series of peer support workshops!

## Eligibility:

- 18-29 years old
- BIPOC (Black, Indigenous, Person of Colour)
- Two-Spirit and/or trans and/or nonbinary

## Discussions On:

- How to access services for support
- Tools for challenging isolation and creating support networks
- Safety planning

## Registration Link: <a href="https://www.tinyurl.com/weareconnectedtransformed">www.tinyurl.com/weareconnectedtransformed</a>

For any questions or to discuss access needs or supports you may require, please email transformedcoordinator2@metrac.org







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Led by:





